

Fleet Feet Racing - Women's 5K Records

Updated: December 31, 2018

<u>OVERALL TOP TEN</u>		Time	
1	Hayley Oveson	17:39	Women's Fitness Festival 12
2	Carolyn Menard	18:04	Let's ROC 2016
3	Juliet Wahleithner	18:08	Race For The Arts 05
4	Jennifer Kent	18:14	Run To Feed The Hungry 05
5	Elissa Briggs	18:18	Run to Feed the Hungry 09
6	Janine Mareello	18:18	Race for the Arts 11
7	Bridget Dawes	18:21	Super Sunday Run 2016
8	Jenny Spoon	18:24	Susan B. Anthony 03
9	Elinor Yee	18:34	Race For The Cure 04
10	Karen Jeffers	18:34	Nutrition Fuels Fitness 04

<u>19 AND UNDER TOP TEN</u>		Time	
1	Erin Matranga	19:30	Run To Feed The Hungry 16
2	Karly Zakerski	24:44	Run To Feed The Hungry 05
3			
4			
5			
6			
7			
8			
9			
10			

<u>20-24 TOP TEN</u>		Time	
1	Hayley Oveson	17:39	Women's Fitness Festival 12
2	Elissa Briggs	18:51	Run to Break the Silence 08
3	Korina Huizar	20:05	Susan B. Anthony 08
4	Casey Holman	21:03	Zoo Zoom 05
5	Naomi Ramos	21:18	Spring Stride for Children 03
6	Lauren Simon	21:26	AMSA Heartbeat 04
7	Wendy Daugherty	21:33	Zoo Zoom 10
8	Caitlin Morgan	21:31	No Excuses 11
9	Kelly Hood	21:37	Zoo Zoom 2014
10			

<u>25-29 TOP TEN</u>		Time	
1	Juliet Wahleithner	18:08	Race For The Arts 05
2	Elissa Briggs	18:18	Run to Feed the Hungry 09
3	Jenny Spoon	18:24	Susan B. Anthony 03
4	Carolyn Menard	18:54	Buzz Oates No Excuses 15

5	Emily Mah-Nakanishi	18:58	Zoo Zoom 10
6	Tamara Torlakson	19:21	Zoo Zoom 2016
7	Berklee Akutagawa	19:28	Shamrock'n 07
8	Sarah Soares	19:35	Shamrock 04
9	Michelle Vazquez	19:37	Plate to Plate 09
10	Jessica Goose	19:40	Davis Stampede 04

30-34 TOP TEN

Time

1	Carolyn Menard	18:04	Let's ROC 2016
2	Jennifer Kent	18:14	Run To Feed The Hungry 05
3	Elinor Yee	18:34	Race for the Cure 04
4	Cindy Holcomb	18:36	Race for the Cure 05
5	Janine Marello	18:37	Race for the Arts 06
6	Juliet Wahleithner	18:42	Run To Feed The Hungry 05
7	Stacey Worthen	18:47	Race for the Cure 06
8	Diane Fitzpatrick	18:49	Nutrition Fuels Fitness 04
9	Sheri Kidwell	18:52	Susan B. Anthony 07
10	Erin Brightwell	19:20	Davis Stampede 05

35-39 TOP TEN

Time

1	Janine Marello	18:18	Race for the Arts 11
2	Bridget Dawes	18:21	Super Sunday Run 2016
3	Stacey Worthen	18:40	Zoo Zoom 11
4	Rae Stiger	18:48	Friday Night 5K 03
5	Diane Fitzpatrick	18:52	Run for Unity 04
6	Heather Tiska	19:04	Zoo Zoom 2014
7	Sheri Kidwell	19:08	No Excuses 08
8	Trudy Mohr	19:08	Run to Feed the Hungry 03
9	Lori Wray	19:27	Rocklin Run for Gold 05
10	Kyle Merriam	19:29	Susan B Anthony 07

40-44 TOP TEN

Time

1	Bridget Dawes	18:29	Let's ROC 2018
2	Karen Jeffers	18:34	Nutrition Fuels Fitness 04
3	Carla Kehoe	18:41	Banana Chase 06
4	Jaymee Marty	18:45	Race for the Arts 07
5	Stacey Worthen	18:58	Veggie Chase 13
6	Theresa Brown	19:09	Davis Stampede 04
7	Heather Tiska	19:11	Run to Feed the Hungry 14
8	Tina Beal	19:15	Friday Night 5K Series 03
9	Trudy Mohr	19:18	Davis Turkey Trot 07
10	Janine Marello	19:26	No Excuses 13

45-49 TOP TEN

Time

1	Tina Beal	19:40	Davis Stampede 05
2	Christine Mellick	19:45	No Excuses 13
3	Teresa McCourt	19:56	Race for the Cure 04
4	Angela Ritchie	20:03	No Excuses 15
5	Cathy Norbutas	20:08	Super Sunday 5K 2017
6	Theresa Kollars	20:21	Fleet Feet Women's Festival 05
7	Christina Applegate	20:23	No Excuses 11
8	Cherie Smith	20:25	Let's ROC 15
9	Karen Kunz	20:32	Race for the Cure 05
10	Debbie Zakerski	20:42	Banana Chase 07

50-54 TOP TEN

Time

1	Karen Kunz	19:38	Banana Chase 06
2	Genevieve Clavier	20:28	Run to Feed the Hungry 16
3	Vickie Pell	20:29	Race for the Arts 03
4	Leilani Dunmoyer	21:53	Run to Feed the Hungry 15
5	Cynthia Bosco	21:59	Women's Fitness Festival 13
6	Jane Inouye	22:20	Susan B Anthony 13
7	Sarah Lin-Aamondt	22:39	Davis Turkey Trot 05
8	Wendy Sones Leon	22:39	Run to Feed the Hungry 11
9	Marty Mooney-Conkle	22:41	Buzz Oates No Excuses 17
10	Tina Bowers	23:07	Run to Feed the Hungry 06

55-59 TOP TEN

Time

1	Heather Sims	22:18	Let's ROC 2018
2	Wendy Sones Leon	22:30	No Excuses 13
3	Deborah Kanner	22:41	No Excuses 09
4	Yvonne Nickel	23:54	Zippys 05
5	Robin Hardy	23:54	Women's Fitness Festival 09
6	Anne Marder	24:09	Fab 40s 12
7	Rhoda Santamaria	24:19	Zoo Zoom 11
8	Lynda Cassady	24:31	No Excuses 09
9	Valerie Nera	31:50	Zoo Zoom 07
10			

60-64 TOP TEN

1	Deirdre Wilson	23:08	Super Sunday 2018
2	Yvonne Nickel	24:27	Women's Fitness Festival 09
3	Barbara Colton	24:59	Women's Fitness Festival 09
4	Rusty Barnett	25:18	No Excuses 08
5			
6			

7			
8			
9			
10			

65-69 TOP TEN

1	Rusty Barnett	26:11	Nutrition Fuels Fitness 08
2	Yvonne Nickel	26:25	Zoo Zoom 2014
3	Barbara Colton	27:32	Women's Fitness Festival 10
4			
5			
6			
7			
8			
9			
10			

70-74 TOP TEN

1	Rusty Barnett	30:22	No Excuses 12
2	Barbara Colton	39:41	Women's Fitness Festival 15
3			
4			
5			
6			
7			
8			
9			
10			