

## Fleet Feet Racing - Women's 30K Records

Update: Dec 2009

### OVERALL TOP TEN

1	Emily Mah-Nakanishi	2:07:04	Clarksburg 09
2	Jaymee Marty	2:08:23	Clarksburg 07
3	Stacey Worthen	2:10:16	Clarksburg 09
4	Tina Beal	2:12:09	Clarksburg 05
5	Angela Ritchie	2:13:37	Clarksburg 09
6	Berklee Akutagawa	2:13:52	Clarksburg 09
7	Karen Kunz	2:15:56	Clarksburg 06
8	Janine Marelo	2:18:46	Clarksburg 08
9	Kathleen Poe	2:21:51	Clarksburg 09
10	Debbie Zakerski	2:23:05	Clarksburg 07

### 20-24 TOP TEN

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### 25-29 TOP TEN

1	Emily Mah-Nakanishi	2:07:04	Clarksburg 09
2	Inga Gunther	2:29:12	Clarksburg 09
3	Teresa Mattes	2:34:07	Clarksburg 03
4	Erika Genato	2:37:49	Clarksburg 09
5	Breena Sawitzky	2:38:55	Clarksburg 08
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### 30-34 TOP TEN

1	Berklee Akutagawa	2:13:52	Clarksburg 09
2	Jenny Swift	2:43:11	Clarksburg 07
3	Terri Lowe	3:13:51	Clarksburg 03
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35-39 TOP TEN

1	Jaymee Marty	2:08:53	Clarksburg 06
2	Stacey Worthen	2:10:16	Clarksburg 09
3	Angela Ritchie	2:13:37	Clarksburg 09
4	Janine Marelo	2:18:46	Clarksburg 08
5	Monique Hawn	2:23:06	Clarksburg 03
6	Angela Ritchie	2:25:18	Clarksburg 08
7	Jen Panson	2:30:27	Clarksburg 08
8	Chris Fraser	2:31:05	Pony Express 04
9	Kathleen Poe	2:43:37	Clarksburg 03
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40 - 44 TOP TEN

1	Jaymee Marty	2:08:23	Clarksburg 07
2	Tina Beal	2:12:09	Clarksburg 05
3	Kathleen Poe	2:21:51	Clarksburg 09
4	Chris Fraser	2:23:50	Jed Smith 07
5	Leilani Dunmoyer	2:23:59	Clarksburg 06
6	Kathleen Poe	2:27:36	Clarksburg 08
7	Maria Glickman	2:33:57	Clarksburg 07
8	Ramona Scholz	2:33:59	Clarksburg 05
9	Debbie Zakerski	2:34:13	Clarksburg 03
10	Christeen Mazza	2:37:26	Clarksburg 09

45 -49 TOP TEN

1	Debbie Zakerski	2:23:05	Clarksburg 07
2	Mary Woo	2:44:24	Clarksburg 07
3	Christina Applegate	2:48:50	Jed Smith 09
4	Cora Sturgess	2:57:50	Clarksburg 03
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50 - 54 TOP TEN

1	Karen Kunz	2:15:56	Clarksburg 06
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